

Capitol Café February Specials Calendar

Monday Feb 3	Tuesday Feb 4	Wednesday Feb 5	Thursday Feb 6	Friday Feb 7
<i>Meatless Mondays</i> Manicotti Casserole Caesar Salad Parmesan Breadstick	Fried Chicken Mashed Potatoes Gravy Corn Cobb	Beef Vindaloo Over Basmati Rice	Spanish Chorizo Peppers & Onions On Hard Roll Potato Salad	<i>National Fettucine Alfredo Day</i> Fettucine Alfredo w/ Side Salad Garlic Breadsticks
Minestrone	Cream of Mushroom	Vegetable Beef	Chicken Noodle	Clam Chowder
Monday Feb 10	Tuesday Feb 11	Wednesday Feb 12	Thursday Feb 13	Friday Feb 14
Cheese Manicotti Bolognas Sauce Chopped Salad Garlic Toast	Sweet & Sour Pork Ham Fried Rice Egg Rolls	Pomegranate Honey Glazed Chicken Roasted Veggies Roasted Potatoes	Beef Tips & Pearl Onions Over Rice Soft Roll	Shrimp & Chicken Jambalaya Garlic Baguettes
Minestrone	Cream of Mushroom	Vegetable Beef	Chicken Noodle	Clam Chowder
Monday Feb 17	Tuesday Feb 18	Wednesday Feb 19	Thursday Feb 20	Friday Feb 21
Pork Meatball Bahn Mi Jalapeno Aioli Asian Noodle Salad	<i>Chicken Piccata</i> Mushroom, Lemon, Caper Sauce Pasta	Beef Broccoli Steamed Rice Vegetable Eggroll	Chicken Fajitas All the Fixings Refried Black Beans Flour Tortillas	Tortilla Crusted Tilapia Rice Pilaf Chefs Choice Veggie
Minestrone	Cream of Mushroom	Vegetable Beef	Chicken Noodle	Clam Chowder
Monday Feb 24	Tuesday Feb 25	Wednesday Feb 26	Thursday Feb 27	Friday Feb 28
<i>Meatless Monday</i> Spaghetti with Marinara Side Salad Garlic Baguettes	<i>National Clam Chowder Day</i> Chowder Smothered Potato Wedges Topped with Bacon Bits & Chopped Chives	Butter Chicken Jasmine Rice Naan Bread	Chicken Fried Steak Smashed Red Potatoes Creamy Gravy Peas & Carrots	Blackened Salmon Red Beans & Rice
Minestrone	Cream of Mushroom	Vegetable Beef	Chicken Noodle	Clam Chowder